# CONFERENCE SCHEDULE

Thursday, October 27, 2022 Zoom

**Intended Audience:** Nurses or other healthcare professionals that have an interest in either medicine and/or psychiatry.

8:30 Login to Zoom Meeting

### 9:00 Welcome

9:05 Human Trafficking

Shannon Findlay, MD, MPH, CTropMed, Clinical Assistant Professor; Brittany McGraw, LISW, CCTP, ACSW, Psychotherapist

- 10:05 Seizures/Non-Epileptic Events Amber Upah, BSN, RN, Nurse Clinician
- 11:05 Break
- 11:15 Medicine Psychiatry Unit Patient Demographics and Outcomes Aubrey Chan, MD, PhD, Assistant Professor

12:45 Lunch

- 1:15 Intersection Between Liver Disease and Mental Illness James Min, MD, Clinical Assistant Professor
- 2:15 **Psychiatric Components of COVID-19** Vicki Kijewski, MD, Clinical Professor
- 3:15 Break
- 3:30 Yoga with Medical Psychiatry Patients Angela Dossett, ARNP, PMHNP-BC, CMSRN, RN-BC, Psychiatric Mental Health Nurse Practitioner, Optimae LifeServices
- 4:30 Evaluation & Adjourn

Schedule and speakers are subject to change. Faculty are staff of UI Healthcare and/or University of Iowa Colleges unless otherwise indicated.

CE Nursing Continuing Education Medical Psychiatry Nursing Conference

**OCTOBER 27, 2022** ZOOM / VIRTUAL CONFERENCE



# **CE** NURSING CONTINUING EDUCATION

The purpose of this conference is to expand existing knowledge of nurses interested in medicine and psychiatry. Topics are appropriate for psychiatric nurses looking to expand their medical knowledge as well as medicine nurses that have an interest in learning more about psychiatry.

# Medical Psychiatry Nursing Conference

THURSDAY, OCTOBER 27, 2022 ZOOM / VIRTUAL CONFERENCE

Sponsored by:

Department of Nursing Services and Patient Care IBN Approved Provider #34



Changing Medicine Changing Lives.®

### **Educational Objectives**

Upon completion of this program, learner should be able to:

- Discuss how to identify human trafficking, provide resources, and address issues using traumainformed care.
- Describe the difference between seizures and nonepileptic events.
- Quantify patients served on a medicine-psychiatry unit and compare against a conventional med-surg unit.
- Identify how psychiatric illnesses and liver illnesses intersect, and discuss challenges in treating individuals with both psychiatric and liver illnesses.
- Discuss psychiatric components of COVID-19 infection including fatigue, depression, anxiety, posttraumatic stress disorder (PTSD), and cognitive disorders as well as the mental health impact among health care workers.
- Describe the process for using yoga intervention and the benefits of yoga for patients on inpatient units.

# **Continuing Education Credit**

Nursing Credits: **6.5 contact hours** will be granted by University of Iowa Hospitals & Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-1238.

### **Planning Committee Members:**

Cassandra Drees-Duncan, MHS, RN, CMSRN Paula Farquharson, RN Heidi Robinson, DNP, RN, CNML Leigh Weber, BA, RN

# REGISTRATION

### **General Information:**

- Preregistration is required by 10/14/2022 - Online registration only

- Credit card payments only

- Registration is through UI Carver College of Medicine CloudCME

#### Registration Link: <u>https://uiowa.cloud-cme.com/course/</u> courseoverview?P=0&EID=51598

If registration link is not working, copy/paste the link below into your browser and follow the search instructions. <u>https://uiowa.cloud-cme.com/</u>

In yellow menu bar choose click **Live Courses** In the **Browse By** section, select:

 Nurse under Profession Click Find Courses Click Register

You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

# **Registration Fee:**

\$50; (Add \$15 after 10/7/2022)

Registration closes on 10/14/2022.

Refund: Full (minus \$10 cancellation fee) if notification received on or before 10/14/2022.

The Zoom link and any additional conference details will be provided the week prior to the conference.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee.

# University of Iowa Hospitals & Clinics and UI Carver College of Medicine Speakers:

**Shannon Findlay, MD, MPH, CTropMed**, Clinical Assistant Professor, Department of Emergency Medicine

**Brittany McGraw, LISW, CCTP, ACSW,** Psychotherapist, Department of Psychiatry

**Amber Upah, BSN, RN,** Nurse Clinician, Department of Surgery/Transplant Services

Aubrey Chan, MD, PhD, Assistant Professor, Department of Psychiatry

**James Min, MD,** Clinical Assistant Professor, Department of Psychiatry

Vicki Kijewski, MD, Clinical Professor, Department of Psychiatry

#### **Guest Speakers**

Angela Dossett, ARNP, PMHNP-BC, CMSRN, RN-BC, Psychiatric Mental Health Nurse Practitioner, Optimae LifeServices

# INFO & UPCOMING CE OFFERINGS

Visit our website for program information and brochures. uihc.org/nursing-continuing-education-schedule

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at **319-356-1238** or e-mail **nursingcontinuinged@uiowa.edu**.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowasponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.

The UI Hospitals & Clinics Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPD-BC, RN-BC, FAAN.